

GRADE/AGE	NUMBER OF PLAYERS	FIELDS	FIELD SIZE (YARDS)	GOAL SIZE (FEET)	GAME TIME	REFEREE	GAME RULES
PreK	3v3	Side by Side	20x15	3x5	4 – 6 min	NO	Size 3 ball. Roster size is between 10-12 players. Kick off after goals. Continuous play. Substitutions anytime. 50% playing time. No offsides, goalies or heading.
Kindergarten	3v3	Side by Side	25x20	3x5	4 – 8 min	NO	Size 3 ball. Roster size is between 10-12 players. Kick off after goals. Continuous play. Substitutions anytime. 50% playing time. No offsides, goalies or heading.
1 st Grade	4v4	Side by Side	30x25	3x5	4 – 10 min	NO	Size 3 ball. Roster size is around 12 players. Kick off after goals. Kick-ins. Goal kicks (drop to midline), corner kicks and free kicks. Substitutions anytime. 50% playing time. No offsides, goalies or heading.
2 nd Grade	4v4	Side by Side	35x30	3x5	2 – 20 min	NO	Size 3 ball. Roster size is around 12 players. Kick off after goals. Kick-ins. Goal kicks (drop to midline), corner kicks and free kicks. Substitutions anytime. 50% playing time. No offsides, goalies or heading.
3 rd Grade	6v6	¼ of Field	50x35	6x6	2 – 25 min	YES	Size 4 ball. Roster size is around 12 players. Kick off after goals. Throw-ins. Goal kicks (drop to midline), corner kicks and free kicks. Substitutions on referee. Offsides and goalies. 50% playing time. No heading.
4 th Grade	7v7	½ of Field	70x50	6.5x18	2 – 25 min	YES	Size 4 ball. Roster size is around 14 players. Kick off after goals. Throw-ins. Goal kicks (drop to midline), corner kicks and free kicks. Substitutions on referee. Offsides and goalies. 50% playing time. No heading.
5-6 th Grade	8v8	½ of Field	70x50	6.5x18	2 – 30 min	YES	Size 4 ball. Roster size is around 15 players. All FIFA regulation rules apply. 50% playing time. No heading for 5th grade.
U13-U19 (SFL)	11v11	Full Field	120x70	8x24	2 – 35/45 min	YES	Size 5 ball. Roster size is around 18-22 players. All FIFA regulation rules apply.

- All ASA players need a red and blue uniform shirt, which are sold in the office. Shinguards are required at all levels.